

## Box 6.9a: Multiple intelligences – exploring

Multiple intelligences in a nutshell

*Linguistic-verbal:* You like working with words, reading and writing.

*Logical-mathematical:* You like concepts, think logically and like puzzles and problems.

*Bodily-physical:* You enjoy sports and games. You like to move around and learn by doing. You use body language to communicate.

*Visual-spatial:* You think in images or pictures, learn by seeing and by using charts or diagrams.

*Musical:* You enjoy learning and/or making music. You have a sense of rhythm and melody.

*Naturalistic:* You enjoy the natural world, animals and are interested in the environment.

*Interpersonal-social:* You like working in groups, and learn well if you study or discuss things with other people.

*Intrapersonal:* You understand your own feelings and thoughts. You like to daydream and fantasise and to work alone. You like to know why you are doing something.



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